

SPIRITUALITY / PERSONAL GROWTH

"This author is genuine and helps one find the way to being a truly loving human being."

—DR. BERNIE SIEGEL
Author of *Love, Medicine and Miracles* and *Prescriptions for Living*

Make this *your* clear
and shining path to happiness

Uncompromisingly fresh and deeply spiritual, *The Book of Love* gives you the simple truth about what it takes to live a loving life—to experiences that bliss, that higher state of being—and not just sometimes, but consistently, every day, beyond the reach of anger, hostility, guilt and sadness.

Stripped down, rational and exhilarating at every turn, this is the first book to sweep away the clutter and confusion about what love is, how to find it, and how to live it. With wit, intelligence and passion that shine through on every page, author Karen Bentley helps you look at love from every angle and then lands you gently but firmly in a holy place where the true power of love is simply and instantly yours for the taking.

Awaken *your* higher self as you:

- Look at everything you've been taught about love—then move beyond it to what's real
- Understand the four obstacles to love—then quietly leave them behind
- Allow the limitless power of authentic love to flow through you—regardless of any situation



Karen Bentley is Big Heart. A highly gifted author and in-demand speaker, she is the nationally acclaimed creator of the *Awaken Your Passion* book and seminar series. Her goal is to revolutionize the way people think about love, to show how spiritual love is the source of all happiness and peace. Karen is the former founder of the Center for Forgiveness and former editor of *The Spirit's Voice*, New England's leading magazine for spiritual seekers.



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the *BOOK of LOVE* Karen Bentley



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